



# Morrisville Middle/Senior High School

## At Home Learning - Independent Options

### Middle School (6th-8th)

The information below will provide our middle school students with opportunities to develop necessary independent learning skills that will benefit them as they progress through middle school and into our high school. The optional activities below will challenge our students to strengthen their independence through self-guided exploration and reflection as they move through both structured and independent learning tasks. While at home, students can use their time to apply the skills and knowledge they have been using while in their classrooms.

Use the schedule below as a guide to complete activities under each category on a daily basis.

Day	Self	Academic	Family	Experience	Physical	Academic	Community
M	G.R.I.T.						
T							
W							
TH							
F		Weekly Reflection				Weekly Reflection	

### Self

- **G.R.I.T. Rubric (Student Self-Assessment)**
  - [https://docs.google.com/document/d/1GJo0PCz9UfHCTPhD0Bgvi6FQA\\_10sQSx-wTlUVBtU8k/edit#heading=h.gjdgxs](https://docs.google.com/document/d/1GJo0PCz9UfHCTPhD0Bgvi6FQA_10sQSx-wTlUVBtU8k/edit#heading=h.gjdgxs)
- **#SEL Day - Participate from Home Activities**
  - <https://docs.google.com/document/d/1NOGqWQjpf37VrMxIpZXzWNSd-6peZlYp6XungPVhroY/edit>
- **Journal - Daily and Weekly Experiential Reflections**
  - Create a journal to document your G.R.I.T. assessment, as well as your experiences in each area throughout this Global Pandemic.
    - A notebook, “notes” on your phone, Google, Word, or other electronic document.

## **Academic**

- [M/S HS At Home Educational Resources](#) (30 minutes per content area)
- [Global Day of Design Projects](#)
- [Internet and Computer Skills from GCFLearnFree.org](#)
- [Scholastic](#) - Learn At Home

## **Family**

- [50 Indoor Activities for Kids to do while at Home](#)
- [100 Activities To Do At Home](#)
- [Use Your Time to Learn About Everything You Always Wanted to- Comprehensive List of Resources](#)

## **Experience**

- [Visit Bucks County](#)
- [300 Online Digital and Virtual Museums](#)
- [33 Virtual Field Trips to National Parks](#)
- [Virtual School Activities](#)- (List of Online Virtual Field trips and Webcams)
- [Virtual Farm Tours](#)
- [Ultimate Guide to Virtual Museums and Online Exhibitions](#)
- [Elmwood Park Zoo Daily Live Meet an Animal \(11am EST\)](#)

## **Physical**

- [Exercise Tips for At Home](#)
- [50 games for at home that require little to no set up](#)

## **Community**

- Call or Video Chat with family, friends, and neighbors.
- Engage in positive virtual social experiences (board games, a daily call to a group of friends, relatives, classmates, teammates, etc..)
- Write a letter.
- Email a teacher.
- Cook a meal for your family.

### High School (9th-12th)

The information below will provide our high school students with opportunities to further their independent learning by engaging in activities that reinforce core academic content in addition to supporting skills and competencies that will contribute to their overall long-term success, both inside and outside of the classroom. Morrisville High School students are consistently challenged with managing short-term activities, long-term assignments, and ongoing projects that link their learning experiences throughout the course of a marking period and school year. The optional activities below will call upon and grow their high level of independence as they challenge themselves to grow as a learner.

Use the schedule below as a guide to complete activities under each category on a daily basis.

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M	G.R.I.T.						
T							
W							
TH							
F		Weekly Reflection				Weekly Reflection	

#### Self

- **G.R.I.T. Rubric (Student Self-Assessment)**
  - [https://docs.google.com/document/d/1GJo0PCz9UfHCTPhD0Bgvi6FOA\\_10sQSx-wTluvBtU8k/edit#heading=h.gjdgxs](https://docs.google.com/document/d/1GJo0PCz9UfHCTPhD0Bgvi6FOA_10sQSx-wTluvBtU8k/edit#heading=h.gjdgxs)
- **#SEL Day - Participate from Home Activities**
  - <https://docs.google.com/document/d/1NOGqWQjpf37VrMxIpZXzWNSd-6peZlyP6XungPVhroY/edit>
- **Journal - Daily and Weekly Experiential Reflections**
  - Create a journal to document your G.R.I.T. assessment, as well as your experiences in each area throughout this Global Pandemic.
    - A notebook, “notes” on your phone, Google, Word, or other electronic document.

## **Academic**

- [M/S HS At Home Educational Resources](#) (30 minutes per content area)
- [Global Day of Design Projects](#)
- [Internet and Computer Skills from GCFLearnFree.org](#)
- [Career Planning and Work Life Skills from GCFLearnFree.org](#)
- [Personal Finance and Everyday Life Skills from GCFLearnFree.org](#)
- [8 Digital Learning Resources from SmithsonianEdu](#)

## **Family**

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- [100 Activities To Do At Home](#)
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## **Experience**

- [Visit Bucks County](#)
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